



DATE SUBMITTED: _____

Ocean City Aquatic and Fitness Center Private Swim Lesson Form

Swimmer Name: _____ Date of Birth: _____

Age: _____ Adult/Guardian Name: _____

Address: _____

Email: _____ Phone #: _____

Dates Interested for Lessons

Starting: _____ Ending: _____

Goals for Swim Lessons

- Swim Team *(Join our Swim Team)*
- Recreational Gain *(Learn or Improve swimming skills)*

Skill Level

- Beginner
- Novice
- Intermediate
- Advanced

Membership Status

- Member
- Non Member

DESCRIPTION OF SKILLS ON BACK

Beginner: Little to no swim experience, can NOT swim independently.

Skills introduced: bobbing, going under water, front and back floating, rolling over from front to back and back to front, gliding, flutter kick, front crawl arms and jumping in.

Novice: Some swim experience, swimmer can swim short distances independently.

Skills introduced: coordinate learned skills into strokes, freestyle, backstroke, treading water and retrieving submerged objects.

Intermediate: Considerable swim experience, swimmer can swim long distances independently.

Skills introduced: breaststroke, diving, treading water, stroke technique and endurance.

Advanced: Substantial swim experience, swimmer can swim multiple strokes independently.

Skills introduced: butterfly, proper diving/starts, flip turns, stroke technique and endurance.

- Private lessons are by appointment only & depend on the availability of instructor & pool time.
 - When you arrive for a private swim lesson, please check in at the front desk.
 - Payment is due on the day of the scheduled lesson, prior to entry to the pool deck. Please show the instructor your receipt.
 - Cancellation: 12-hour notice to the instructor must be given. If notice is not given you will be charged for the lesson.
 - Participants arriving late will not have make up time. If you are more than 15 minutes late, the lesson will be considered a no show and you will be charged for the lesson.
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LESSON RATES

PRIVATE

Member: \$25 PER ½ HOUR

Non-Member: \$50 PER ½ HOUR

SEMI-PRIVATE

Member: \$20 PER ½ HOUR PER CHILD

Non-Member: \$40 PER ½ HOUR PER CHILD

DISCLOSURE: Swim Lesson Inquiry Forms will be kept for 6 months from date of submission. If you are unsure if it has been 6 months since the last inquiry form submission you may submit another form. Due to an influx of requests, wait times to hear from an instructor may vary.

We are sorry for any inconvenience.

Form to be returned to the front desk of the Fitness & Aquatic Center